

Group Leader Guide – February 15th , 2026

Group Announcements:

- Night of Prayer & Worship – Feb 22 @ 6 pm
- PNW Women’s Conference – March 19-21 – Pasco, WA
- March 1st – 22nd – Special LFC Series “This Is Us” – all groups will follow Sermon Notes
- If you would like to host a group in the next season, let your group leader know!

Attendance:

- Group leaders, please submit your attendance by person’s name through our Leader Tools page winacity.com/leader-tools –

FELLOWSHIP:

During this time, you may plan for food. This could be anything from just snacks to a full dinner.

Use your group chat and create a place where people can be informed of the times for your group and what to bring for food.

Games are also appropriate. YouTube and Google offer a wide range of games for you to choose from.

WARM UP:

As a starting point for your group discussion, consider asking questions that encourage conversation and help participants share about themselves.

- If worship were an exercise program, what would yours be like? (Cardio, weight lifting, or a gym membership you never use?) Share Briefly. 10 min total time for discussion

LEARN IT: Kingdom Prayer Requires a response

Read: 1 Timothy 2:8

Therefore, I want the men in every place to pray, lifting up holy hands, without wrath and dissension.

Is there a response to prayer and worship that you might have labeled as “not my personality” that might be an area that God is asking for your obedience? Share Briefly. Allow 3-5 min for discussion.

Leader Note: Scripture shows that prayer was never meant to be confined to words alone. The body participates when the soul encounters truth. Our discomfort says more about cultural formation than biblical faithfulness. If Scripture is our authority, then embodied prayer is not optional, it’s assumed.

SHARE IT: Kingdom Prayer Is Repentance Made Visible

Read: 2 Corinthians 7:10

For the sorrow that is according to the will of God produces a repentance without regret, leading to salvation, but the sorrow of the world produces death.

What areas of your life have you truly repented in, and are there still areas where you just simply apologize to God? Share Briefly. 3-5 min discussion

Leader Note: Biblical repentance is not polite or private—it is felt, expressed, and often visible. Scripture shows that when truth breaks through the heart, the body responds with sorrow, tears, and mourning that lead to real change. Godly sorrow is not condemnation but clarity, producing repentance that turns us away from sin and back to God. When the church stops mourning sin, grace becomes cheap and faith grows fragile—but when repentance is real, forgiveness becomes powerful and life-giving.

LIVE IT: Surrender Leads to Victorious Praise

Read: Psalm 149:3-4

Let them praise His name with dancing; let them sing praises to Him with timbrel and lyre. For the Lord takes pleasure in His people; he will beautify the afflicted ones with salvation.

If our praise carries authority, what does your level of engagement say about how seriously you take the battle? Share Briefly 5-10 min for reflection and prayer (maybe turn on some worship music)

Leader Note: Biblical worship is surrendered, embodied, and authoritative. When the body yields in humility, worship becomes warfare and praise releases spiritual authority. The lowest posture before God often becomes the highest place of victory.

PRAY:

Use a group chat (WhatsApp, Messenger, Instagram, etc.) and add everyone in your group. Post your group's prayer requests here during your meetings and throughout the week. Encourage everyone to pray for these needs daily. You may also post or do live video as a daily encouragement for everyone, like scripture verses, encouraging thoughts, spontaneous hangouts, etc.

- What posture of Prayer or Worship might God be inviting you to explore more intentionally that you've previously avoided for fear of discomfort? Leaders, please prepare some YouTube worship music and spend some time with your group waiting in His presence and worshipping Him, while incorporating a chosen expression of worship (raising hands, kneeling etc.)
- give each group member a chance to pray for any other needs
- Share testimonies with each other; you may send them to stella@winacity.com so we can encourage the church

Suggestion:

- You may lay hands on people who need prayer after you have asked for permission.
- You may also take communion together
- If you have the space and availability, you may do a time of worship

Suggested timeframes for your group:

- 20-30 minutes for fellowship
- 10-15 minutes for Warm up
- 30 minutes for the study
- 10-15 minutes for sharing needs and prayer